



Harness the Creative Power of Your Word

Excerpted from
Three Steps To Light
By Rev. Dr. William Townsend

Jesus the Christ, our Way Shower, believed in, practiced and used the power of his spoken word to achieve healing in people's lives as he ministered to them. What a perfect example for us of the power of OUR spoken word!

I believe that the word, "Christ," like the word, "Buddha," denotes a rank or degree of spiritual mastery. By following their example we too, may gain our spiritual, mental and physical mastery.

The power he invoked flows through each one of us from the Presence which Jesus called his Father. It may be used today, by you and by me, as we speak our word to achieve the healing we seek. Jesus said in St. John (14:12):

"Verily, verily, I say unto you, he that believeth on me, the works that I do shall he do also; and greater works than these shall he do."

You may now ask me, "But how does it work? How can I channel through me this Energy, this Life Force of God to bring healing into the reality of my experience?"

First, recognize there is a need, a desire, a wish to be fulfilled. Then formulate your words to see the end or final product of what your desire may be. In this action, the conscious and subconscious areas of your mind come into agreement on what will be your most perfect demonstration. And the power of your word, whether written, thought or spoken, brings it forth on this plane of expression.

Thus we move from the alpha state or the conceptual state of mind; the generative idea state of mind, to the finished product, the bottom line, the effect of the causal action of the mind.

Visualization is the key word here! You must first mentally SEE this healing, this correction of whatever the situation, from an error to a blessing. **See this as a joyful reality in your life.**

Let your imagination play with it ... taste it, smell it, feel it ... know it in all its nature. For the more care to detail that you put into your visualization, the more explicit you are ... the finer will be the detail of the finished product, or healing, as it materializes in your life.

A prayer is the formation of words in such a manner as to help you do this. **In prayer work a clear cut, clean mental picture is developed of what you wish to experience.** You then accept this picture through the power of your affirmation.

In bringing this picture to life, emotion is the essential, the magic ingredient! You must want and believe in the reality of this thing you desire so deeply that you already feel the experience of it.

Your total willingness to receive and accept it will then open the emotional energy centers within your physical body temple, and within your mind, to charge your mental picture with all the reality of life.

This is what is meant in the Bible when it refers to the Holy Spirit of the Holy Breath of God. For as this was applied to specific situations, life was literally breathed into those situations so that the people were able to experience them as reality.

In the Biblical account of the story of Jesus feeding five thousand people with five loaves and two fishes, Matthew (14: 17-21) we have a perfect illustration of such a demonstration being made in reality.

In all the stories of the ministry of Jesus of Nazareth, you will find in them no account of where he ever doubted his ability to fill the needs of the people who came to him, no matter in what shape or form their needs happened to be. Nor should you ever doubt your ability to do likewise!

Recognize that when your mind is trained and filled with understanding of the way the power of the word works, you may take this same power and apply it in your life so that it will be a blessing to all people and to yourself in all situations.

Again quoting the scripture in Mathew (8: 13), our great teacher declared:

***“and as thou has believed,
so be it done unto thee.”***

This is the most profound statement ever made regarding the action of the Universal Presence of God as Law, in man, by any person on the face of the earth. To illustrate this: When you find out the truth of a situation, the way the person involved has actually been thinking about it, how he really believed it to be (if he be honest with you), you find invariably that his experience of the situation is exactly according to his belief about it and it doesn't vary one iota either direction, plus or minus.

For prayer work to be effective, your belief must be based on a rock-solid conviction that the Divine Law works! You must KNOW that through the power of your word, the creative Life Force of God will take your mental picture, energized through the intensity of your emotion (which indicates how much you really care about having it as an experience) ... then will demonstrate it for you.

But if you vacillate, if you swing from side to side one moment believing and the next moment doubting, you are in effect "praying two directions at the same time." Thus, your experience will not change.

You may not make a perfect affirmation and finish the affirmation by saying, "I certainly hope it works," and expect anything to change in your life! Because what you have just demonstrated is exactly and precisely your belief which is that you doubt anything will actually change. You doubt that the Power of the Law of God, spoken through your mouth, will really work upon the situation to heal and bless you and those you love.

Remember that God always says, "YES!" to you, in accordance with your gut level belief about what the outcome of your prayer will be. So speak your word in love, BELIEVING, that your healing (and any other blessing you desire) may be yours even in this day!

Three Steps To Light and ***The Body Bible*** by Dr. Bill Townsend are available from the **Sedona Light Center**. 928-284-5566. www.sedonalightcenter.org

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