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# **Developing Spiritually Centered New Year's Resolutions**

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When we can prepare our minds without fears and without worries, for greater things, greater things will be given. The power to govern our surroundings and to build perfectly is in our hands. It is the power of thought, which is the power of Godhood.

**Ye Are Gods**



## Developing Spiritually Centered New Year's Resolutions

Over the past twenty-five years, I have invested thousands of hours studying various success programs, publications and concepts. I have learned that there are many diverse definitions of success and hundreds of different formulas and techniques for setting and achieving goals.

The Bible promises: " Seek first the Kingdom of God and His right-use-ness and all else will be added unto you". Therefore, my primary goal is to always make the highest and best use of my God given talents, resources, opportunities and time. I now define success as the extent to which I maintain a God centeredness in my life and a focus on how I may best serve God and others.

My primary goal has matured from wanting to be a millionaire to seeking to fulfill my highest possible or ultimate destiny in helping bring forth the Kingdom of God on earth. My overall focus has shifted from getting success in life to living my life successfully.

I have been greatly influenced in this evolutionary process by ***Spiritual Economics*** by Eric Butterworth, ***Ye Are Gods*** by Analee Skarin, ***God Calling*** edited by A. J. Russell, ***The Dynamic Laws of Prosperity*** by Catherine Ponder, and ***I Will Lift Up Mine Eyes*** by Glen Clark.

To help me set and achieve my God-centered goals, I developed over a few years of study.

**The Ultimate Life Inpowerment Planning System (TULIPS)** The program includes the process for setting New Year's Resolutions within a spiritually oriented context that is presented in this workbook.

Rather than just help you set personal goals for the coming year, **Developing Spiritually Centered New Year's Resolutions** is designed to help you See, Believe, Receive and Achieve your ultimate destiny through three essential determinants of successful living: **Clarity of Vision, Definiteness of Purpose** and **Appropriateness of Beliefs, Attitudes and Actions**.

This is accomplished through a number of exercises designed to help you learn how to effectively Ask, Seek and Knock for the Wisdom, Faith, Power, Supply and Direction to discern and fulfill the Divine Plan for your life. This will in turn enable you to access the Abundant Provision, Rich Blessings and Divine Good that are available for your use whenever you are ready to accept them as your inheritance.

In the following pages are some excerpts from ***I Will Lift Up Mine Eyes*** by Glen Clark which may help you discern your "soul's sincere desires" so you can then construct spiritually oriented New Year's Resolutions, goals statements and affirmations in alignment with God's Divine Design for your ultimate success in the Service of the Lord.

Thank you for participating in this process.



Charles E. Betterton

## Between the Years

**Our Lord and our God. We joy in Thee.  
Without Thy Help, we could not face unafraid the year before us.**

I stand between the years. The Light of My Presence is flung across the year to come the radiance of the Sun of Righteousness. Backward, over the past year, is My Shadow thrown, hiding trouble and sorrow and disappointment. Dwell not on the past-only on the present. Only use the past as the trees use My Sunlight to absorb it, to make from it in after days the warming fire rays. So store only the blessings from Me, the Light of the World. Encourage yourselves by the thought of these.

Bury every fear of the future, of poverty for those dear to you, of suffering, of loss. Bury all thought of unkindness and bitterness, all your dislikes, your resentments, your sense of failure, your disappointment in others and in yourselves, your gloom, your despondency, and let us leave them all, buried, and go forward to a new and risen life.

Remember that you must not see as the world sees. I hold the year in My Hands-in trust for you. But I shall guide you one day at a time. Leave the rest with Me. You must not anticipate the gift by fears or thoughts of the days ahead. And for each day I shall supply the wisdom and the strength.

**God Calling** for January 1

God, last year is gone, so I release any regrets about what I did or did not do and I move on to a fresh new year, filled with hundreds of fresh new days. Thank you for always giving me another chance to be even better every day. The anticipation of letting Your Love shine through me, Your Wisdom enlighten my thoughts, and Your life enliven me, fills me and thrills me. "Forgetting what lies behind and straining forward to what lies ahead, I press on toward the goal for the prize of the heavenly call of God in Christ Jesus." Philippians 3: 13-14

Paraphrased from **The Daily Word** for December 12, 1996

It is God's good pleasure to give me the kingdom of prosperity and abundance. Whatever I need or desire, God is ready to bless me with that and even more. As I open my mind and heart to God, I will receive all that I need to live a happy fulfilling life. Unconditional love, everlasting life, peace of mind-these are just some of God's gifts to me, and God will show me how to use them wisely so that I will be blessed in ways I never imagined were possible.

"All these things will be given to you." Matthew 6:33

Paraphrased from **The Daily Word** for December 20, 1996

## Your Mission in Life

Your first Mission here on Earth  
is one which you share  
with the rest of the human race,  
but it is no less your individual Mission  
for the fact that it is shared: and that is,  
to seek to stand hour by hour  
in the conscious presence of God,  
the one from whom  
your Mission is derived.

The Missioner before the Mission is the rule.  
In religious language, your Mission is:  
to know God, and enjoy Him forever;  
and to see His hand in all His works.

Your second Mission here on Earth  
is also one which you share  
with the rest of the human race,  
but it is no less your individual Mission  
for the fact that it is shared: and that is,  
to do what you can moment by moment,  
day by day, step by step,  
to make this world a better place-  
following the leading and guidance  
of God's Spirit within you and around you.

Your third Mission here on Earth is one  
which is uniquely yours, and that is:  
to exercise that Talent which you  
particularly came to Earth to use  
in those place(s) or setting(s) which  
God has caused to appeal to you the most,  
and for those purposes which God  
most needs to have done in the world.

Excerpted from **How to Find Your Mission In Life** by Richard N. Bolles

This book and other featured resources are listed at the end of this workbook, on the web site  
at [http://www.spiritualnewyearsresolutions.com/featured\\_resources.htm](http://www.spiritualnewyearsresolutions.com/featured_resources.htm) and the  
CENTER SPACE book store at <http://astore.amazon.com/centerspace-20>



## Excerpts from I Will Lift Up Mine Eyes by Glen Clark

To make God's will your will is to go all the way with God. This requires more complete, utter surrender of self than anything you have ever done before. It means **making God the senior partner in your firm**, and trusting completely in Him. Then all you need to do is to see that your *intention* is right. God will look after the *results*.

You are now in **partnership with the greatest of Engineers**. With Him you can do all things. He is your silent partner. He is so silent, that sometimes you will find yourself in danger of thinking that you are the entire firm. But never forget that He organized it, He capitalized it, He is capable of directing it.

The articles of incorporation are set forth in the Bible, "You have not chosen Me, but I have chosen you." He has commissioned you to be His representative in those things that touch your life, and through you He does His work. Knowing that Christ has entered and filled you completely, your very breath is his breath and your every good and sincere desire is His desire.

### Dreams That Come True

"Two gates there are for dreams", said Penelope to Odysseus after his ten years' wanderings had ended. "One made of horn and one of ivory. The dreams that pass through the carved ivory delude and bring us tales that turn to naught; those that can come through polished horn accomplish real things whenever seen."

Whenever a dream comes forth from the ivory gate that is carved and made by man, shaped and twisted by his wish-thinking, his prejudices and half-formed opinions, it always falls to the ground as worthless; but whenever it comes forth from the gate that God has made, the horn that needs no carving or artificial molding, which requires only a little polishing to make it seen in all its native power and beauty - that dream always comes true.

Just as the horns which project from the heads of cattle are made and fashioned by God according to the needs of the animals upon which they are placed, so I believe that our sincere desires are placed in our hearts, are molded and fashioned there, by the hand of God.

Our dreams, in the first place, rise from desires. They are indexes of what in our deep subconscious self we seek and crave. And what a person seeks and craves, other things being equal, is something that is good for him, something which God intended for him to have, provided he can take it in the way that will do no violence to any accepted moral or social code.

Every mature desire, every desire that is whole, sincere, complete, and above all, which acknowledges its relationship to its Divine Maker, is always a good desire. The moment a desire acknowledges its relationship to the soul it becomes a desire for the mutual welfare of all, and joins the little family of virtues which Paul enumerated in his "fruits of the spirit." From the moment a desire becomes a soul's desire it takes its stand alongside Jesus' great commandment, "Love thy neighbor as thyself," and His Golden Rule which tells us that, "Whatsoever you would that men should do to you, do you even so to them."

## Excerpts from *I Will Lift Up Mine Eyes* by Glen Clark Continued

When one strains and labors over his dream he is too often carving ivory and not polishing horn. Don't cut too deeply, don't carve too hard, don't paint the picture too much yourself Get still awhile, and let God paint it through you.

The first test applied to the dream of horn as opposed to the dream of ivory is - Does it come from an integrated personality? The simplest way of applying this test is to ask the question, "Is it a sincere desire?"

The second test applied to the dream of horn is - Does it come from a personality that is integrated with God and man? The simplest way of applying this test is to ask the question, "Is it a soul's desire?"

Every desire that meets these two tests, if converted into prayer, is always answered in heaven. When a desire meets these two tests, and not until then, does it qualify to deserve the title of "A Soul's Sincere Desire." Glen Clark

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## Developing Spiritually Centered New Year's Resolutions

### **Listing Your Wants, Needs and Desires Based on *I Will Lift Up Mine Eyes* by Glen Clark.**

Write down any wish that you believe can meet the test of being a true soul's sincere desire.

This exercise is to capture your own wishes, your own wants, your own desires. Make the list as complete as you can. Be as specific as you know how. If you need money to complete a year in college, put down the exact amount you think it will require. If you want an automobile, put down the make and the design, and the color if you can. If you want a job, indicate the exact type of job you want. If you want a house for your family, put down the style and general location. If a trip to Europe, write the exact journey you would like to take, mentioning the countries and the chief cities you would like to see. If a college education, write the name of the college and the course of study you would like to take.

What capacities in yourself do you want to pray for? Here again be specific. Is it health you want? Greater power of concentration? Greater gift in public speaking? Greater power in making friends? List everything you really and truly want.

For seven days you are to write and rewrite these desires, amending them, adding to them, subtracting from them, as the spirit moves you, while you apply each day one or more tests, drawn from St. Paul, to prove whether they are truly soul's sincere desires, desires for which you have the right to ask. "Finally brethren, whatsoever things are true, whatsoever things are honest, whatsoever things are just, whatsoever things are pure, whatsoever things are lovely, whatsoever things are of good report; if there be any virtue, and if there be any praise, think on these things."



## Developing Spiritually Centered New Year's Resolutions

### **Discerning Your Soul's Sincere Desires based on *I Will Lift Up Mine Eyes* by Glen Clark.**

Make an analysis of yourself and your true needs. Write down your deepest desires that meet the test of trueness. Make the list specific. Think of your "desire nature" as it actually is - as a tree anchored in the soil of the love of God. Let the trunk of the tree be the Kingdom and its righteousness. Above the trunk is subdivided into three main branches, designated as Persons, Ideas, and Things. On each branch make a numbered list of things, persons, and ideas you want. Be very specific. Write down the names of persons you would like to have for friends -or the type of persons you feel that you have a right to have as friends. Then list the things you would like to have. Continue the exercise on the following pages by describing in detail each of the major wants, needs and desires you have identified in each category.

#### PERSONS

#### IDEAS

#### THINGS

The Kingdom and its righteousness.

Remember that all of this is subject to the veto of God - for you always add the provision,  
"If this is TRUE for my nature, I want it, otherwise Thy Will, not mine, be done."

## **Persons I Would Like to Have As Friends and Associates**

## **Ideas, Attitudes and Characteristics I Would Like to Have**

## **Things I Would Like to Have**

## **Excerpts from I Will Lift Up Mine Eyes by Glen Clark**

### **Whatsoever Things Are True**

The first test. Are the things you are desiring and praying for true to your own nature? Make sure that the desires written in your notebook are true to your nature. Make an analysis of yourself and your true needs. Write down your deepest desires that meet this test of trueness. Make the list specific. Think of your "desire nature" as it actually is - as a tree anchored in the soil of the love of God. Let the trunk of the tree be the Kingdom and its righteousness. Above the trunk is subdivided into three main branches, designated as Persons, Ideas, and Things.

You have a duty to fulfill to the world in serving it to the height of your nature, as much a duty as the bird which sings a beautiful song. Within the folds of your being lies a design. Ask the Father that this divine inner plan of your life may stand forth revealed to you as it should be, unfolding in perfect sequence and perfect order in such a way as to bring the greatest good to the greatest number.

### **Whatsoever Things Are Honest**

The surest means we have of finding out whether a thing is true for our nature is to ask ourselves whether we honestly desire it. Do we really want what we think we want? When you are positively sure that you honestly want them, then you can confidently give your request to the Father, knowing that when your honest wish and His honest wish coincide, nothing can prevent perfect fulfillment.

### **Whatsoever Things Are Just**

Go over the things for which you have asked, and see if they meet the test of absolute justice to your fellow man. Be sure that you are not asking for that which will take something from another. Are you praying for a particular job which some one else holds, and who would have to be discharged before you could receive it? Are you praying for a certain buyer for your property, whether it is in their best interest or not? Pray rather that a person who can find great happiness in your property will buy it. Pray that if it is in God's plan, you can have a home as lovely as the home you especially admire.

If your list meets the test of justice to your fellow man, go over it again to see if it is just to God. Go over each prayer and ask, Have I justly earned - through toil, sacrifice, and service - the right to pray for this thing? Am I taking what is my own, or does it actually belong to another? Am I ignoring any duty I owe to others in departing on this journey? Am I encroaching upon anyone's privileges, property, or personality, in asking this of God? Is the prayer I ask absolutely just?

### **Whatsoever Things Are Pure**

The most essential thing for a perfect prayer is perfect love. Love is the most wonderful thing in the world. Of all the virtues it is the force that draws us and holds us closest to God. Do your soul's sincere desires meet the test of purity? Perfect purity was defined by Jesus in two commandments: First, "Love thy neighbor as thyself" Second, "Whatsoever you would that men should do to you, do you even so to them."

## **Excerpts from I Will Lift Up Mine Eyes by Glen Clark**

### **Whatsoever Things Are Lovely**

Anything that is true is always very good, and if we look into it deeply enough it is always very beautiful. Pray that beauty and loveliness may enter every corner and phase of your life. Pray for manners that are gracious and lovely; vision yourself conversing with charm, addressing an audience with lovely words, writing your ideas of goodness and truth in beauty and loveliness of phrasing. Hold fast to this vision of loveliness, and your very face will become like a window - more transparent - to let the beauty of God shine through. Do your prayers meet this test of loveliness in its finest expression? Are they filled with beauty? Are they filled with love? If so, they are what you have a perfect right to ask your Heavenly Father to give you.

### **Whatsoever Things Are Of Good Report**

From now on, you are to believe in answered prayer. Henceforth, you are to live in the constant expectancy of GOOD tidings. You are to be one who says, "I am well, I am happy, I am filled with joy." Speak the word in a spirit of faith, and the atmosphere of radiant happiness and optimism will shine through you. Having met the three tests in Paul's famous list of "whatsoevers," carry henceforth an expectant optimism in looking forward to the answers to your prayers.

### **If There Be Any Virtue, And If There Be Any Praise, Think On These Things**

It is the virtue of prayers that are based upon that which is true, honest, just, pure, lovely, and of good report, to come into fulfillment. Trust to the inborn virtue residing in these laws of the true, the honest, the just, and the pure in your list of desires, and give them completely to God.

Relinquish them into His hands, and go off and leave. Do not worry about them; do not even pray about them for the next few days or weeks. If your prayers have met the tests of truth, honesty, justice, purity, love, and "good tidings," leave them in the hands of God and turn your thoughts now to praise. If all of your prayers should be answered, would you not feel like praising God?

If so, why wait until He has answered them, why not start the praising right now?

Start the praise you wish to give God, not in words, but deep down in your heart. The praise you give must be in spirit and in truth. Give Him credit for all that you have, all that you do, all that you are, and all that you hope to be. "Every good gift and every perfect gift is from above, and cometh down from the Father of lights with whom is no variableness, neither shadow of turning." Rejoice and praise, rejoice and praise, and again I say, rejoice. For the Lord thy God is good.

**After you have read and practiced these instructions from *I Will Lift Up Mine Eyes*, begin to develop the personal goals statements and affirmations for Spiritually Centered New Year's Resolutions.**



## Spiritually Centered New Year's Resolutions For \_\_\_\_\_

In the name of Jesus the Christ, I, \_\_\_\_\_ joyfully profess my love for You. I Praise You Lord from whom all blessings flow.

I Decide, Decree, Declare and Give Thanks that by the Grace of God, my life is filled with Abundant Provision, Rich Blessings, growth experiences, successful projects, and enriching relationships. I manifest stewardship over rich abundant resources in accordance with God's Divine Design, in Divine Order and in Perfect Harmony.

During the year \_\_\_\_\_, I make the greatest possible progress toward fulfilling my highest possible destiny helping bring forth the Kingdom of God on earth and right use-ness through the following:

- (1) I practice the Presence of God daily and "Be still and know that I Am God" to help me align my vision, will goals and actions with Your Will and Divine Plan.
- (2) I honor You Lord as my Source and Senior Partner by tithing on all income and by dedicating my time and talents and vows of thanksgiving. By the Grace of God, I am a loving, faithful, grateful and responsible Steward in Your Service.
- (3) I focus on the clarity of my vision of serving You God, the definiteness of my purpose to fulfill my highest possible destiny in Your Service and the appropriateness of my attitudes and actions as a Faithful and responsible steward.
- (4) I always make the highest and best use of my God given time, talents, resources and opportunities and fulfill all my obligations in a timely and responsible manner.
- (5) I practice and manifest daily the **Seven Ascension Attitudes**: Love; Praise; Gratitude; Seek first the Kingdom; Ask, Seek, Knock and Give Thanks; Be still and know I Am God; and I Let Go and Let God.
- (6) I maintain a calm peaceful God-centered space through daily prayer and meditation. This time of quietness and reflection keeps me centered and aligns my vision, goals and actions with the Divine Plan. In God, I truly live, move and have my being and offer my doing.
- (7) I manifest stewardship over my body, which I acknowledge as a Temple of the Lord, by eating a healthy balanced diet and through enjoying regular exercise. As a result, I enjoy perfect health and always have the energy I need to serve the Lord.

By the Grace of God and in the name of Jesus the Christ, it is so. Thank You Lord. Amen.

SIGNATURE

DATE

## NEW YEAR'S RESOLUTIONS GOALS PLANNING FORM

**MY MAJOR DEFINITE PURPOSE IN LIFE:** \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**MY PRIMARY GOALS:** \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**SELF IMPROVEMENT AND SPIRITUAL UNFOLDMENT GOALS:** \_\_\_\_\_

\_\_\_\_\_

**BUSINESS AND CAREER GOALS:** \_\_\_\_\_

\_\_\_\_\_

**PERSONAL AND FAMILY GOALS:** \_\_\_\_\_

\_\_\_\_\_

**HEALTH AND WELL-BEING GOALS:** \_\_\_\_\_

\_\_\_\_\_

**FINANCIAL GOALS:** \_\_\_\_\_

\_\_\_\_\_

**OTHER GOALS:** \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Signature

Date

## NEW YEAR'S RESOLUTIONS AFFIRMATION STATEMENTS

## NEW YEAR'S RESOLUTIONS

Rewrite your goals as affirmation statements that will facilitate their manifestation. When you rewrite your goals as affirmation statements, be sure to make them specific and measurable and use positive, present tense terminology such as I am ... or I have...

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This image shows a single sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

Signature

Date

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## **SEE, BELIEVE, RECEIVE AND ACHIEVE:**

### **DAILY AFFIRMATIONS TO REINFORCE NEW YEAR'S RESOLUTIONS**

I seek first the advancement of the Kingdom of God on earth and Your right-use-ness and all right things are added unto me in the right way, right time and right amounts.

Thank You for being my Shepherd Lord. I shall never want for Your Wisdom, Faith, Power, Supply, Direction or Perfect Employment in Your Service.

You anoint my head with the oil of your enlightenment, guidance and protection. My cup runneth over with Your abundant provision and rich blessings. Surely Your goodness and mercy shall follow me all the days of my life and I shall dwell in the house of the Lord forever.

In everything I do Lord, whenever I put You first, You direct me and crown my efforts with the Ultimate Success of the Lord in Your own perfect way and time.

I dedicate my life to the upliftment of myself and humankind to our inherent glory of Godhood.

I commit my life and my work to You Lord, my plans are established and I am successful.

Thank you Lord, for always meeting my needs according to Your riches in glory through Jesus the Christ. "In You we live, move, and have our being."

Through God's spirit within me, I always know the right thing to do and I do it in Divine Order.

I let go and let God guide and direct me in all that I do and I am abundantly blessed for God is in charge, God is in control and all is well.

God, my ever present help, fills me with Light and I am guided in making wise decisions and in taking wise actions in Divine Order.

God, my ever present help, fills my life with abundant good and I am prosperous and successful as a steward in Your service.

I trust God's Love to accomplish good in my life and I trust God's Wisdom to guide and direct me in all that I do.

I love you Lord, my God, with all my heart, with all my soul, with all my mind, and with all my strength, (all of which you gave me), and I love everyone else as I love myself since we are all manifestations of You God. I think Love, speak Love, give Love, and live Love that I might be perfect even as our Father in Heaven is perfect.

I am a Faith-Full and Response-Able steward in God's Service and I always gratefully honor you Lord with the first part of all the income you bless me with.

## **ASK, SEEK, KNOCK AND GIVE THANKS**

**"Verily, I say unto you, Whatsoever you shall ASK our Father in my name, He will give it to you."**

"Ask, and it shall be given you; Seek and you shall find; Knock, and it shall be opened unto you. For every one that Asketh, receiveth; and he that Seeketh, findeth; and to him that Knocketh, it shall be opened. " "Therefore I say unto you what things soever you desire, when you pray, believe that you receive them, and you shall have them. "

## **DAILY PRAYER FOR WISDOM, GUIDANCE AND DIRECTION**

Our Heavenly Father, in the name of Jesus the Christ: I Praise You Lord from whom all blessings flow and I give thanks for Your Abundant Provision, your Rich Blessings and Life. I humbly ASK for and accept every blessing and resource necessary to fulfill my highest possible destiny as a Faith-full and response-able steward in Your Service helping bring forth the Kingdom of God on earth and Your right-use-ness.

I joyfully SEEK and accept your Wisdom, Guidance, and Direction in making the highest and best use of these talents, time, opportunities and unlimited resources in Your Service. I gratefully and expectantly KNOCK on the door to conscious awareness of God as my instant, constant, and abundant Source of Wisdom, Faith, Power, Supply, Direction and Perfect Employment in Your Work and of Jesus the Christ as my Savior, Wayshower, Companion and Mentor.

In the name of Jesus the Christ, I Praise You Lord from whom all blessings flow and I ASK, SEEK, KNOCK and GIVE THANKS for these blessings, knowing that as they are in accordance with Your Divine Plan for my life, it is already so. Thank You Father. Amen.

## **DAILY PRAYER OF THANKSGIVING**

Our Heavenly Father: Thank you Lord for helping me see, believe, and achieve all I may be, do and have stewardship over in helping bring forth the Kingdom of God on earth and Your right-use-ness. Thank you for right vision, right purpose, right thinking, right ideas, right attitudes, right resources, right people, right ACT /I/ON, and right results.

Thank you for helping me discern and act appropriately upon the next positive, creative, constructive thought, attitude, or action that leads toward fulfilling my highest possible destiny in Your service. Thank you for being the Source of my talents, abilities, resources, capacities and opportunities to discover, develop and offer them in Your Service.

Thank you for shining Your Light upon my path, for guiding my way home, and for crowning my efforts with the Ultimate Success of the Lord. In the name of Jesus the Christ, I Praise You Lord from whom all blessings flow and I Ask, Seek, Knock and Give Thanks for these things knowing that as they are in accordance with Your Divine Will, it is already so. Thank you Father Mother God. Amen.

# **I DECIDE, DECREE, DECLARE AND GIVE THANKS FOR MY SOUL'S SINCERE DESIRES**

**“A grateful mind is a great mind that will eventually attract to it great things.”** Plato

**I am grateful, Lord** for the opportunity to serve Your Kingdom of God on earth for the glory of God and the upliftment of humankind.

**I am grateful Lord** that I am the rich child of a loving, giving and for-giving God and that all You have is mine to use in Your Service.

**I am grateful Lord** that You always provide the necessary resources for me to carry out Your Work in a perfect way.

**I am grateful Lord** for right vision, right thinking, right ideas, right attitudes, right people, right resources, right ACT/I/ON and right results.

## **MY MAJOR DEFINITE PURPOSE IN LIFE:**

**I am grateful Lord to serve You as an apostle.** I joyfully fulfill my ultimate destiny, helping bring forth the Kingdom of God on earth and Your right-use-ness by making the highest and best use of my God given talents, time and resources in Your service.

## **PRIORITY SELF IMPROVEMENT GOALS:**

**I am grateful Lord** for my conscious awareness of God as my instant, constant, and abundant Source of Wisdom, Direction, Faith, Power, Supply and Perfect Employment, of Jesus the Christ as my Savior, Wayshower, Companion and Mentor, and of oneness with God as my ultimate destiny. In You, I live, move, have my being and offer my doing. I look to no other source.

## **PRIORITY BUSINESS AND CAREER GOALS:**

**I am grateful Lord** that I am happily and productively employed in my perfect service in Your work for the Kingdom of God on earth and Your right-use-ness.

**I am grateful Lord** that all You have is mine to use in Your service. All authority has been granted unto me. I am blessed with a bountiful eye.

## **PRIORITY PERSONAL AND FAMILY GOALS:**

**I am grateful Lord** that You have helped me become a loving, giving and supportive person who radiates God's Love, Peace, Light and Harmony within myself, to my family, friends, co-workers, community and to the world.

**I am grateful Lord** that I am beautifully and appropriately housed through the rich substance of God. I shall dwell in the house of the Lord forevermore.

**I am grateful Lord** that I am beautifully and appropriately transported and clothed through the rich substance of God, my employer and Senior Partner in every undertaking.

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## PRACTICING THE PRESENCE OF GOD DAILY EXERCISE

### NEW YEAR RESOLUTIONS PLANNING FORM FOR DATE \_\_\_\_\_

I seek first the Kingdom of God on earth and Your right-use-ness and put You first in every thing I do every day. My relationship with God is the most important thing to me. The time I spend every day in "Practicing the Presence of God" is the best investment of time and energy I could possibly make. To help me remember my commitment to seek first the Kingdom of God and Your right-use-ness and to put You first in every thing I do every day, I include God in my daily planning for my personal and professional objectives through the following steps:

#### REVIEW THE FOLLOWING TYPES OF MATERIALS:

Spiritually Oriented New Year's Resolutions, Affirmation Statements and Goals

#### COMPLETE THE FOLLOWING SECTIONS:

I Praise You Lord from whom all blessings flow, especially for the following blessings:

I ask for and accept Your forgiveness for: \_\_\_\_\_

I ask for and receive deliverance from: \_\_\_\_\_

I ask for Your Wisdom, Faith, Guidance, and Supply in making the highest and best use of my God given talents, time and resources. I particularly ask for your help with the following matter: \_\_\_\_\_

#### REVIEW THE "BE STILL AND KNOW I AM GOD" MATERIAL:

God, humbly submit my plans for Your approval, modification, or replacement for each activity I have planned for the day. I will patiently wait upon the Lord and listen for Your response.

#### BE STILL AND LISTEN FOR GOD (30-60 MINUTES+):

#### RECORD ANY INSIGHTS AND ANSWERS RECEIVED:

I give thanks that God is always the perfect answer to our prayers. I gladly make any appropriate modifications to my daily plans. I seek first the advancement of the Kingdom of God and put You first in everything I do throughout the day. Thank you for helping me think of ways to serve you.

#### COMPLETE THE "DAILY MINDSTORMING FOR 20 IDEAS" EXERCISE:

## NEW YEAR'S MINDSTORMING FOR 20 IDEAS

Dear God, thank: you for Your Right-use-ness, right ideas, right attitudes, right resources, right people, right *ACTII/ON*, and right results, In the name of Jesus the Christ, I claim and accept all the resources needed and readily available to carry out Your Work in \_\_\_\_ Lord, Thank: You for bringing me together with the right visions, right ideas, right people, right thoughts, right attitudes, right resources, and right results in Divine Order. I let go and let God do Your Perfect Works in me, on me, through me and for me, Thank: You for showing me the way by helping me think of twenty ideas that will help me fulfill my ultimate destiny in Your Service in \_\_\_\_\_ '.

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_
6. \_\_\_\_\_
7. \_\_\_\_\_
8. \_\_\_\_\_
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10. \_\_\_\_\_
11. \_\_\_\_\_
12. \_\_\_\_\_
13. \_\_\_\_\_
14. \_\_\_\_\_
15. \_\_\_\_\_
16. \_\_\_\_\_
17. \_\_\_\_\_
18. \_\_\_\_\_
19. \_\_\_\_\_
20. \_\_\_\_\_

ACTION STEPS: \_\_\_\_\_ –

Truth guides my way and I am inspired by God to take right ACTII/ON. In the name of the Christ, we Praise and Pray. Amen.



## NEW YEAR'S RESOLUTIONS CONTRACT WITH MYSELF

I, \_\_\_\_\_, make this contract that during the  
year \_\_\_\_\_, I will accomplish the following goals and or action steps which  
will demonstrate my commitment to living my life within a spiritual context:

I will give a copy of this Contract to \_\_\_\_\_ who will  
contact me by the due date of \_\_\_\_\_ to celebrate with me the completion of this  
Contract at which time we will have a Celebration of Completion and Fulfillment.

signature

date

witness

date

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## DEVELOPING SPIRITUALLY CENTERED NEW YEAR'S RESOLUTIONS EVALUATION FORM

Please help us refine this material by taking a few minutes to share your comments and suggestions for its improvement. Thank you for your participation and for your help in this important review process.

\*\*\*\*\*

How would you rate the program on a scale from 1 to 10 with 10 being high? \_\_\_\_

Why? \_\_\_\_\_

What about the program did you find most meaningful? \_\_\_\_\_

Why? \_\_\_\_\_

Which of the materials were most helpful to you? \_\_\_\_\_

What changes would you recommend to improve the program and or materials?

Would you recommend this program to someone else? \_Yes \_No \_Maybe

Who else do you know who might be interested in this program?

Name:

Address:

Name:

Address:

Please offer any additional comments, recommendations or suggestions: \_\_\_\_\_

Would you like to talk with us about your experience of the program and or your comments? If yes, what is the best way and time to contact you?

\_ Telephone# \_\_\_\_\_

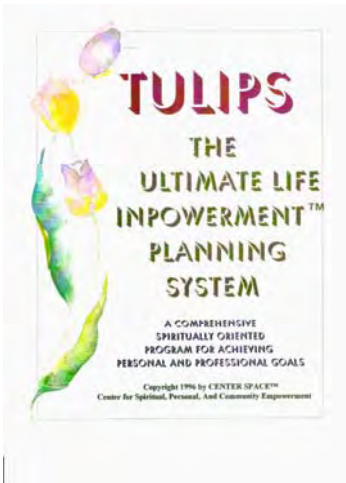
\_By Mail: Address \_\_\_\_\_

City \_\_\_\_\_ State: \_\_\_\_\_ Zip \_\_\_\_\_

Your Name:

Please return form to: CENTER SPACE, 127 Sun Street, Stelle, IL 60919

## THE ULTIMATE LIFE INPOWERMENT PLANNING SYSTEM



***The Ultimate Life Inpowerment Planning System*** (TULIPS) is a comprehensive, spiritually oriented program and process for achieving personal, professional, organizational and lifetime goals. The Ultimate Life Inpowerment Planning System helps you See, Believe and Achieve your highest possible destiny. This is accomplished through a number of exercises that will help you learn how to effectively Ask, Seek, Knock and Give Thanks for the Wisdom, Faith, Power, Supply and Direction to discern and fulfill the Divine Plan for your life. This will in turn enable you to access the Abundant Provision and Divine Good that are available for your use whenever you are ready to accept them as your inheritance.

***The Ultimate Life Inpowerment Planning System*** helps you "Seek first the Kingdom of God on earth and His right-use-ness" by putting God first in everything you do every day. The foundation of the planning system and process consists of three steps: Know Thyself; Control Thyself; and Deny Thyself In ***Spiritual Economics***, Eric Butterworth attributes the first principle to Socrates, the second to Marcus Aurelios, and the third to Jesus Christ.

TULIPS evolves these principles into exercises to prepare you for daily communion and a conference with God: "I Am The Rich Child of a Loving Lord" for Know Thyself; "Daily Disciplines Toward Godhood" for Control Thyself; and "Be Still and Know God" for Deny Thyself.

***The Ultimate Life Inpowerment Planning System*** workbook also includes:

- \* Spiritually Oriented Goals Achievement Techniques
- \* Partnership Agreement With God
- \* Getting the Most Out of Self-Help Materials
- \* Spiritual Economics and Prosperity Consciousness
- \* Effective Visualization and Use of Affirmations
- \* Realizations and Resolutions
- \* Protecting Yourself in Self-Help Programs
- \* Tapping Your Creative Thinking & Problem Solving Powers
- \* Resource Materials: Book Lists, Audio/Video Catalog

\*\*\*\*\*

### CENTER SPACE™ MISSION STATEMENT

CENTER SPACE, the Center for Spiritual, Personal And Community Enlightenment, is a non-profit organization that helps people, organizations and communities see, believe and achieve all they can be, do and have. CENTER SPACE produces and disseminates uplifting publications, audio/video cassette programs, seminars, workshops, and consulting services that foster spiritual, personal and community empowerment.

CENTER SPACE's ultimate objective is to help create a better world by helping people, organizations and communities (1) Awaken more to spiritual identity; (2) Realize more of their inherent potential and (3) Know how to fulfill their ultimate destiny. For more information on our programs and publications, please write to: CENTER SPACE, 127 Sun Street, Stelle, IL 60919, send an email to [ceb@centerspace.com](mailto:ceb@centerspace.com) or visit [www.centerspace.com](http://www.centerspace.com) .

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## Crowned With the Ultimate Success of the Lord

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## Harness Your Creative Power With the Science of Mind

Classic Work by Ernest Holmes



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## GOD CALLING



### If Two Agree

If two of you shall agree on earth as touching anything that they shall ask, it shall be done for them of my Father which is in Heaven.

For where two or three are gathered together in my name there am I in the midst of them.

TWO LISTENERS

EDITED BY A. J. RUSSELL

[www.godcallingdailyinspiration.com](http://www.godcallingdailyinspiration.com)

## Enlightenment 101



Where are you on the  
Enlightenment Ladder?

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"It has taken humanity thousands of  
years to learn that it has the power to  
control its own destiny." Ernest Holmes

"We have within us a power that is greater than  
anything that we shall ever contend in the outer,  
a power that can overcome every obstacle in our  
life and set us on a safe, satisfied and at peace, healed  
and prosperous, in a new light, and in a new life."

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Spiritual Mind Treatment

"It has taken humanity thousands of  
years to learn that it has the power to  
control its own destiny." Ernest Holmes

"Treatment of the causes of suffering within  
Mind, concepts, acceptance and realization  
of peace, unity, purity, health,  
happiness and success or otherwise the  
particular and true life."

1. RECOGNITION  
In this day we have our attention entirely away  
from the "problem" by turning within to the  
recognition of the inner presence of the infinite  
God. The recognition is "to know again" as  
consciousness of an inner reality and Truth that  
we've always known, but perhaps have not  
been conscious of "God is..."

2. UNIFICATION  
The recognition of an infinite God is the basis  
of our awareness of "oneness" with God. This  
awareness is the first step to understanding  
within us, again "If you have seen me, you  
have seen God, for I and the Father are one!"  
"I am..."

3. MENTALIZATION  
From the recognition established in these  
first two steps we move the realization of Truth,  
the understanding of the presence of God, in  
inner truth and a spiritual reality. This is  
realization in the perception or conception of  
the individual as a spiritual being through  
within the work of God are made manifest

[www.creativepowerforgood.com](http://www.creativepowerforgood.com)

## Spiritually Centered New Years Resolutions

[www.spiritualnewyearsresolutions.com](http://www.spiritualnewyearsresolutions.com)

## Partnership with God

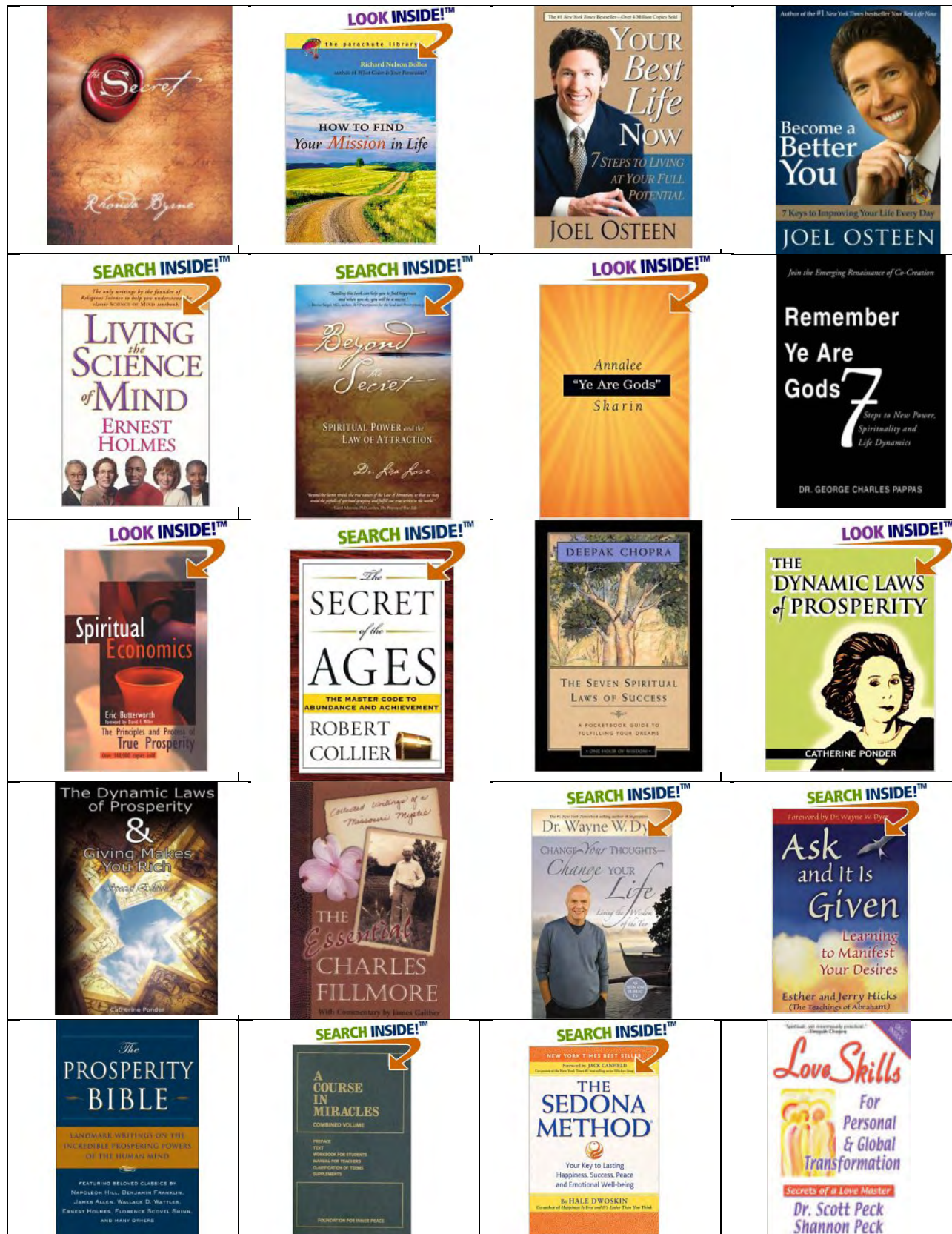
[www.partnershipwithgod.com](http://www.partnershipwithgod.com)

## Spiritual Enlightenment Resource Centers

[www.centerspace.com](http://www.centerspace.com)



Just a Few of the Featured Books Recommended by CENTER SPACE  
Available through the Ultimate Destinyland™ Book Store at Amazon.com  
<http://astore.amazon.com/centerspace-20>



For a more complete listing of recommended resources, please go to  
[http://www.spiritualnewyearsresolutions.com/featured\\_resources.htm](http://www.spiritualnewyearsresolutions.com/featured_resources.htm)

# Welcome to the World of Ultimate Destinyland!

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### What "Pieces" of *Solving Your Ultimate Destiny Success Puzzle* Are Most Meaningful To You?



**Resources to Help You Solve Your Ultimate Destiny Success Puzzle, Realize More of Your Potential, Fulfill Your Life Purpose and Manifest Your Ultimate Destiny**

**"It has taken humanity thousands of years to learn that it has the power to control its own destiny." - Ernest Holmes**

**Ultimate Destiny™** has invested thousands of hours to discover, develop and design these innovative systems and breakthrough methods that will help you know which of the thousands of available resources will be most valuable to you right now to help you see, believe and achieve all you can be, do and have stewardship over, **Imagine That!** Welcome to YOUR Ultimate Destinyland!



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This “Empowerment Treasure Chest” includes 15 interactive programs, 700 pages of self-assessments, goal-setting, application exercises, coaching, webinars, and membership services.

|                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |
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Whatever ultimate destiny means to you, we have created programs and services that will help you discover your dreams, realize more of your potential and know how to manifest your ultimate destiny!



# More Programs and Resources Contained In the Ultimate Destiny Success System Treasure Chest to Help You Discover Your Dreams and Create Your Ultimate Destiny!



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Assessments and  
Articles**



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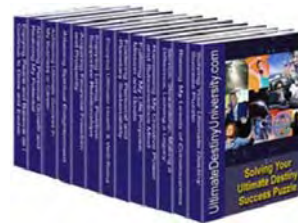


"It has taken humanity thousands of years to learn  
that it has the power to control its own destiny."  
— Ernest Holmes

Ultimate Destiny has devoted thousands of hours to discover, develop,  
and design innovative systems and processes like the Success Puzzle to  
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- (2) Realize Your Desired Outcomes
- (3) Nurture Your Heart's Desire
- (4) Set Empowering Priority Goals
- (5) Develop Plans and Take Action
- (6) Feel Grateful and Appreciative



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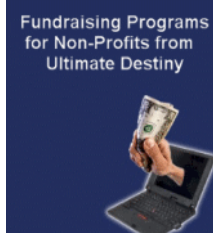
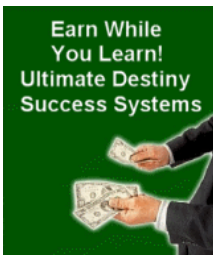
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|                                                                                     |                                                                                                                                                                                                                                                                                                                                                                                                  |
|-------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
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|    | <p><a href="#"><u>Ultimate Destiny Charter Membership</u></a></p> <p>Enjoy the empowering transformational benefits as a <a href="#"><u>Charter Member of the Ultimate Destiny YOUiversity!</u></a><br/>The pre-launch tuition is only \$20 a month or \$199 for an entire year. Money back satisfaction guarantee!</p>                                                                          |
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|  | <p><a href="#"><u>Earn While You Learn!</u></a></p> <p>Join the <b>Ultimate Destiny Network</b> as a Featured Resource Provider, an <a href="#"><u>Affiliate</u></a>, Successful Living Coach, Strategic Alliance Partner, Licensed Trainer or Facilitator, or perhaps even become part of the Company itself.<br/>Accredited Investors please ask for the Investment Marketing Memorandum).</p> |
|  | <p><a href="#"><u>Help Expand the Circle of Success™</u></a></p> <p>Sponsor and participate in our program to establish non-profit <b>Empowerment Resource Centers</b> and reach and serve and help empower underserved populations.<br/><a href="http://www.expandingthecircleofsuccess.org">www.expandingthecircleofsuccess.org</a></p>                                                        |
|  | <p><a href="#"><u>Sponsor An Empowerment Training Mentoring System™</u></a></p> <p>Help establish an <b>Empowerment Training Mentoring System</b> in your community to help residents learn successful living skills that will help them realize more of their potential.</p>                                                                                                                    |

For more information, write to Ultimate Destiny, PO Box 1655, Vista, CA 92085  
Call 760-212-9931 or send an email to [info@ultimatedestinyenterprises.com](mailto:info@ultimatedestinyenterprises.com)

## ABOUT THE AUTHOR OF TULIPS



Charles Betterton, author of ***The Ultimate Life Inpowerment Planning System***, is a visionary, creative thinker and a catalyst for personal, organizational and community transformation.

He has founded over twenty organizations dedicated to spiritual, personal, organizational and community empowerment. Some of the more significant are the Foundation for Personal and Community Development, the University for Successful Living, the Community Economic Development Resource Center, and CENTER SPACE, the Center for Spiritual, Personal and Community Enlightenment.

During his twenty years as a manager of federal disaster relief programs and troubled HUD offices across the country, Charles demonstrated leadership abilities that helped him earn a national reputation for being able to take limited resources in crisis situations and transform them into positive, productive and successful programs. He received the highest cash award ever paid a HUD employee for a computer system modification that saved over 300 million dollars.

Charles lived in the intentional community of Stelle, Illinois for over twenty years where he co-founded the Fellowship for Intentional Community and served as Managing Editor of *Communities, Journal of Cooperative Living* for five years. While living in Stelle, he developed the *Personal and Professional Success Techniques Seminar* and began producing large scale community unity events with speakers such as Les Brown, Brian Tracy, Norman Vincent Peale, Mark Victor Hansen and Jim Rohn.

In early 1994, Charles moved to Oakwood Farm near Muncie, Indiana which is one of over 150 intentional communities and groups affiliated with the Emissaries of Divine Light. In late 1997, he returned to Stelle to further develop CENTER SPACE and the University for Successful Living.

Charles has a Master's degree in Community Economic Development from the Graduate School of Business at Southern New Hampshire University and he is certified as an Economic Development Finance Specialist by the National Development Council.

For the past few years since he began studying and applying community economic development principles and practices, Charles has introduced himself as a "community development specialist for the Kingdom of God on earth and right-use-ness."

The wealth of transformational resources Charles has coalesced in *The Ultimate Life Inpowerment Planning System* and the documentation it provides of his personal evolution are evidence of his commitment to serving others. For his efforts to provide expanded resources and opportunities for spiritual, personal, organizational and community empowerment, Charles has earned the honorary titles of "Dr. Bettertown" and "The Dean of Motivision."

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