

Example of the Introduction, Table of Contents and Word from the Publisher included in each of the 14 titles in the Ultimate Destiny Success System

[Enjoying Loving Relationships](#) is one of 14 interactive guidebooks contained within the [Ultimate Destiny Success System](#) from [Ultimate Destiny University](#). It includes pre- and post self-assessment quizzes, featured resources, application exercises and tools for planning what priority action steps to take to achieve your ultimate success in this area of successful living.

The Program includes 12 main steps designed to help you discover your dreams and realize your ultimate success:

1. Self-Discovery Exercises that Help You Know Yourself
2. Envisioning Your Ultimate Desired Future
3. Radiating Appreciation and Flowing Positive Energy
4. Achieving What You Want—the 'S.M.A.R.T.' Way
5. Getting Started: Your Action Implementation Plan
6. Keeping Your Goals in Focus through Visualization
7. Controlling the Power of Your Words with Affirmations
8. Discovering and Nurturing Your Heart's Desires
9. Finding and Growing with Coaches and Mentors
10. Creating Your Mastermind Support Team
11. Applying the Law of Attraction in Real Life
12. Continuing to Learn and Practice Successful Living Skills

[Enjoying Loving Relationships](#) also includes featured resources including printed and digital books, audio and video programs, seminars, workshops, webinars, teleseminars and live events from some of the top resource providers in the world.

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Word from the Publisher

This is not just a publication. It is part of a comprehensive system of interactive programs that offer advanced training in some of the most **essential successful living skills for the 21st Century.**

It is also a “co-creative process” designed to continuously evolve over time through input and participation by readers like you. Our vision and intention is that this process will help us address the challenges we face as individuals, families, communities and the planet.

At a recent “playshop” on ***Solving Our Personal, Community and Global Success Puzzles***, Ultimate Destiny asked participants this question:

“In this time of global social, economic and environmental crises, what attitudes and skills do you need to help you live a more positive, creative, conscious, and sustainable life?”

Here are some of the answers they gave:

Awakening to our spiritual identity; Realizing more of our potential; Harnessing our creative mind power; Flowing our energy to solutions rather than problems; Remembering who we really are and why we are here; Fulfilling our life purposes and missions; Making a difference and leaving a legacy; Loving, serving and blessing others; Maintaining a positive mental attitude; and Applying creative thinking and problem-solving.

All of these attitudes and skills are facets of our personal, community, and global "success puzzles." This book, like the others in the Ultimate Destiny Success System Library, provides the self-discovery exercises, the tools, the stories, self-assessment quizzes, journal space, and insights that encourage people to dream and then to put those dreams into motion. This book features content from some of the world's best-known resource providers in this area; some of them have earned the Ultimate Destiny Hall of Fame Award for their dedication and innovation.

In the **Exercises and Self-Assessments** section of this book, you will be encouraged to answer questions about what this piece of the ultimate destiny success puzzle means to you: What do I want in this area? What **don't** I want? What is the ultimate possibility? How will I feel when I have all that I want? How can I nurture my heart's desires? What priority goals will I set?

You will be asked to carefully assess the hurdles and obstacles to be overcome. You will learn how to tap into the dynamics of creative imagination, the law of attraction, the power of intention, and spiritual visioning to help create and manifest an enriched life. Then you will be offered a variety of support methods—such as vision boards, affirmations, identifying teachers and coaches, and joining a mastermind team—geared to anchor your dreams until they become realities.

We invite your input.

This publication is evolving, and we invite your creative participation in its never-ending evolution. We believe that gathering and sharing resources from readers like you, including your own experiences in this area, will help others realize more of their potential for ultimate success.

We also invite you to help us identify additional resources—including articles, stories, quizzes, self-assessment exercises, books, audio video programs, live events, web sites, affiliate programs, and more—that will help anyone who is interested in ***Enjoying Loving Relationships***.

And we'd like you to help us identify and acknowledge those authors, trainers, and visionaries who deserve the **Ultimate Destiny Hall of Fame Award**. This honor is awarded to someone who is living his or her ultimate destiny while helping others fulfill their destinies in this key area of successful living.

This publication is only one part of our efforts to help you enjoy more loving and positive relationships. We also have interactive quizzes, introductory articles, insightful self-discovery exercises, application and implementation tools, featured resources, and a blog site where we are co-creating communities of like-minded and like-hearted individuals who care about each successful living skill. And we will publish a print book that includes some of the best ideas and suggestions we receive from readers like you.

At Ultimate Destiny University, we offer seminars, teleseminars, webinars, workshops, playshops, weekend retreats, coaching and mentoring, “training-of-trainers” programs, licensing opportunities and “earn while you learn” affiliate programs. We also offer fundraising programs for non-profit organizations that can earn 50% to 100% of the sale of any of the digital programs in the Ultimate Destiny Success System Library to their members and supporters. Our Ultimate Fundraising Programs make it easy for non-profit groups to raise the funding they need.

What is your ultimate destiny, and how may we help you fulfill it? Have you (or someone you know) written a book or developed a seminar or workshop that will be valuable to others interested in enjoying more loving relationships? Do you have a story to share on this topic? Tell us about it.

Would you (or someone you know) be interested in earning an income while helping others realize more of their potential? Do you know of a non-profit organization that would like to help each reader realize their life's purpose and co-create their ultimate destiny, while raising needed funds? We'd like to hear from you.

Would you like to discover the advantages of having a successful living coach and mentor—or would you like to become a successful living coach? If your answer is YES! (or even “maybe”) to any of these questions, let us know. Email us at ultimatedestinyuniversity@gmail.com or write to Ultimate Destiny, PO Box 20072, Sedona, AZ 86341.

Please feel free to share your feedback, comments and suggestions by using the contact form and the comment function on the Our Space blog site at <http://enjoyinglovingrelationships.wordpress.com/>

Thank you for making the investment of time, energy and money to read this publication. Ultimate Destiny University's mission is to help you realize more of your potential, fulfill more of your life's purpose, and discover and fulfill your ultimate destiny, whatever it may be.

On the last few pages of this publication, you'll find an introduction to **Ultimate Destinyland™** and several ways you might benefit by participating. We invite you to join us and become a co-creator of Ultimate Destinyland.

We believe our ultimate destiny is to help expand our individual and collective capacities for *Solving Our Personal, Community and Global Success Puzzles* as described at <http://www.ultimatesuccesspuzzle.com>. We believe the first step in that process is helping individuals like you to realize more of your potential and to fulfill your life purpose and mission.

Thank you for joining us by participating in this program and the others included in the **Ultimate Destiny Success System Library**.